



SERVING EASTERN SHASTA, NORTHERN LASSEN, WESTERN MODOC & EASTERN SISKIYOU COUNTIES

# THE InterMountain News

70 Cents Per Copy  
Vol. 45 No. 27  
Burney, California  
Telephone (530) 335-4533  
FAX (530) 335-5335  
Internet: im-news.com  
E-mail: editor@im-news.com

SEPTEMBER 17, 2003

## Daughter, 16, conspired with others to kill her mother, D.A. says

Bail was set Tuesday at \$1 million each for four defendants and \$50,000 for another defendant, following their arrest for the murder of a 41-year-old woman.

Sandra Lynn Metz was found shot to death at the Round Mountain home of her boyfriend Jeff Miller, owner of the Dry Creek Station restaurant in Bella Vista.

Shasta County sheriff's investigators arrested Meghan Powell,



The five suspects in connection with the death of a 41-year-old woman were in court Tuesday. From left, front row, Meghan Powell and Danielle Rodriguez. Back row, Jack Thomas Morris, Clifton Garrett Sherer and Calvin William Hodge. Hodge's bail was set at \$50,000. Bail for the other four was set at \$1 million each.

NEWS PHOTO / Ron Harrington

### What's Happening Here In Days Ahead

#### High school rodeo

District 1 high school rodeo is slated for Saturday and Sunday at the fairgrounds in McArthur. Cutting will begin Saturday at 8 a.m. with the rodeo at noon. Sunday action begins at 9 a.m.

#### Free flights

Those ages 8-17 are invited to take a free airplane ride Saturday beginning at 9 a.m. at the Fall River airport. As part of the 100th anniversary of powered flight, all student names will be placed in the world's largest logbook to be kept at Kitty Hawk, North Carolina. A flight certificate will be given to each participant. A flight certificate will be given to each participant. Wall posters and flying magazines will be available as well. Telephone Dick Nemanic at 336-5465, Wayne Robinson at 336-6192, or Ray Williams at 336-5941 for more information.

#### Rummage sale

The Fall River Lions will hold a rummage sale Saturday, 8 a.m. to noon, at the Lions Hall in McArthur.

#### United bikers party

The United Bikers of Northern California will present the 17th annual End of Summer Party Saturday, noon, at the Fall River Hotel. Live music. Donation \$15 asked. Telephone 335-2450.

#### Free seminar

Barbara Briggs, the Burney Edward Jones investment representative will be hosting a free seminar titled, "Investing Basics," at 5:30 p.m. Sept. 24 at the Burney Chamber Gardens. For more information, or to reserve a seat, call Briggs at 335-2016.

## WEATHER

### FORECAST

**Today**, mostly sunny with highs 70 to 79. Lows in the upper 30s to low 40s. **Thursday**, sunny with highs to the lower 80s. **Friday through Monday**, dry with lows 35 to 45 and highs 75 to 85. A current forecast is updated about 4 a.m. and 4 p.m. daily on The News web site at im-news.com.

### TEMPERATURES

	Hi	Low	Rain
Sept. 15	83	42	
Sept. 14	87	37	
Sept. 13	84	34	
Sept. 12	85	41	
Sept. 11	85	39	
Sept. 10	82	37	
Sept. 9	64	51	.01

Courtesy of Darryl Jones in Burney

The Intermountain News  
P.O. Box 1030  
36965 Main Street  
Burney, California 96013  
Open: Monday-Friday 9am-4pm

16, of Oak Run, Metz's daughter, on Sunday.

Deputies also arrested Danielle Rodriguez, 16, of Redding. Both girls are being charged as adults with conspiracy to commit murder, according to the Shasta County district attorney's office.

Also arrested were Jack Thomas Morris, 18, of Igo, Clifton Garrett Sherer, 21, of Shasta Lake, and Calvin William Hodge, 19, also of

Igo.

According to Deputy District Attorney Stewart Jankowitz, Powell and Morris were boyfriend and girlfriend.

Rodriguez, Morris, Sherer and Hodge were found at the Deluxe Inn in Redding on Sunday at about 8 a.m. where all four had checked into the North Market Street motel the previous night.

Sheriff's Capt. William Cox said

Powell was later arrested at the Red Lion Inn where she was staying with relatives and planning her mother's funeral.

Morris is being held on suspicion of murder and conspiracy to commit murder. Sherer is being held on suspicion of murder.

Hodge was arrested on suspicion of being an accessory after the fact and receiving stolen property, the property being the weapon alleg-

edly used in the killing. According to Jankowitz, that weapon was a .357 caliber revolver.

Jankowitz would not say who pulled the trigger, adding that information would come out during the preliminary hearing.

Judge Wilson Curle set Hodge's bail at \$50,000.

All five defendants were appointed separate attorneys on —Please See Page 2



## Burney Classic draws 101

James Clarke of Orangethorpe, above, wincing slightly after making his way past the finish line at the Burney High School track and completing the 26-plus mile marathon Sunday. Shown at right are some of the runners at the beginning of the 5K run. For more photos and complete racing results, see page 7.

NEWS PHOTOS



## Student enrollment jumps after first week; some classes now have more than 30 pupils

BY MEG FOX

The enrollment see-saw continues to frustrate school administrators as they try to balance mandated classroom sizes with their number of available teachers.

"We're up 26 students from last year and have combination classes in every grade level and no room for any more students in the fourth through sixth grades," said Fall River Elementary School Principal Chris Knoch at the Sept. 10 school board meeting in Burney.

With 32 students in the fourth and sixth grade classrooms, Knoch

said they were above contract and getting close in the 4-5 and 5-6 combination classes of 31 students each.

In the afternoon, 11 Special Day Students are mainstreamed into the regular education classes, which further adds to crowding and teacher preparation.

Knoch said the biggest challenges for teachers with combination classrooms are curriculum and scheduling.

"It's difficult enough to address (state mandated education) standards at one grade level and it's a

scheduling nightmare to meet the needs of all students," she said.

Burney Elementary School Principal Diannah Fischer said within a week, enrollment jumped from 352 heads on opening day to 370 students. She said her sixth grade classrooms were okay with 26 and 27 students, but that the 4th, 5th and 4-5 combination classes each had 31 students.

"With the combination classes at the (elementary) schools, our faculty is doing double duty, beyond the basic expectation. It's a huge commitment," commented Supt.

Eric Newton.

Fall River High School Principal Liz Kyle said her school gained 25 students and that there are eight classes over the 31-student contract limit, with 40 in math and Ag classes. She said she had one seventh grade class with 61 students.

Burney High School is up 17 students and has three classes with more than 31 students, but the average class size is between 21 and 26, said Principal Larry Hutchinson.

"We're in pretty good shape," he —Please See Page 3

## Candidates to address public on 3 separate nights

Three public meetings are planned so that the community can talk to the candidates running for local boards in the Nov. 4 election.

The Burney Chamber of Commerce is hosting Open House at the Chamber Gardens on Main Street to meet the candidates for the Burney Water District and the Burney Fire Protection District on Oct. 1.

Candidates will each make a brief statement before taking questions.

The program begins promptly at

5:30 p.m. and ends at 7:30 p.m. with time for hors d'oeuvres and causal discussion.

Burney Elementary School PTA and Fall River Elementary School PTA are co-hosting two programs for school board candidates.

The first PTA Meet the Candidates Night is at 7 p.m. Monday, Oct. 20, at Burney Elementary School.

The second opportunity to meet those running for school board will be at 7 p.m. Wednesday, Oct. 22, at

Fall River Elementary School,

During the PTA programs, community members will have the opportunity to submit questions, according to PTA Presidents Lynn Carroll-Schneider and Jenny Arsenneau.

Incumbent Nancy Sisk and newcomers Val Lakey, of Glenburn, Kathy Klein, of Burney, and Pat Oilar, of McArthur, are running for election to the two four-year trustee positions in the Fall River Joint Unified School District school board.

The other incumbent, Dr. Bob Hatcher, did not file for re-election.

In the Burney Fire Protection District, Penny Rodgers, Larry Armstrong, and Roger Valinoti are challenging incumbents Donna Sylvestor and Ann Walker for the two four-year seats.

In the Burney Water District, April Bertain and Andrew Urlie are running against the incumbents, Jackie Young and Randy Stevens, for two four year seats.

HAVE YOUR COMMUNITY DELIVERED TO YOUR MAIL BOX. CALL 335-4533 TO SUBSCRIBE TODAY!

# SHERIFF'S LOG BOOK

Two Burney subjects reported seeing a naked baby in the middle of Tamarack and Orchard Way Monday at 10:30 a.m. while the mother was sleeping inside the house.

Screaming and yelling were reported Sunday at 8:31 p.m. near Mountain View Road and Tall Timber in Burney.

A caller reported Sunday at 7:35 p.m. seeing an adult male hit a 4- or 5-year-old near the 43500 block of Sierra Center Drive in Fall River Mills. Deputies determined the child had received a spanking within the legal range.

A family disturbance was reported Sunday at 5:35 p.m. at the 20200 block of Tamarack Avenue in Burney.

A caller reported Sunday at 12:28 a.m. a shipment of weapons, including hand grenades, dynamite and four SK-5 rifles. The call was determined not to be credible.

A Mountain View Road resident in Burney reported Saturday someone had sprayed kerosene on a stack of wood along with other items around the front of the house.

A 6-year-old Fall River Mills boy, whose mother went to the movies, was being watched by neighbors before getting away from them Saturday at 7:56 p.m. The boy got bored and dialed 911 saying he was scared and home alone.

Vandalism was reported to a diesel engine that runs a water pump at Hawes Ranch and Farm Supply in Palo Cedro.

A Ponderosa Avenue resident in Burney said his dog was in heat and neighboring dogs have tried jumping the fence during the night. He said there was damage to the fence and he wanted to file a report.

Deputies arrested a male subject for alleged domestic violence in front of the California Highway Patrol office in Burney Saturday at 3:37 p.m.

A caller reported a male subject dumping a can of trash in the woods near the old dump east of Burney High School Saturday afternoon. A license plate and description was made.

A juvenile who was new to the Burney area got lost

and didn't know where his new house was Saturday at 1:28 p.m. An adult alerted deputies of the situation at Huron Avenue and Marquette Street. The youth was returned home safely.

A Redding juvenile reported Friday at 11:05 p.m. a female was being held at gunpoint by six or seven males in the Burney area. She said all of them were in a vehicle driving with its headlights off and were at a gas station near Burney. Deputies determined the call was a hoax and the juvenile was admonished.

A caller reported Friday

at 10:26 p.m. someone tried to break down the door to an apartment at the 20100 block of Hudson Street.

Deputies assisted with traffic control at Highway 299 east of Montgomery Creek Friday at 2:20 p.m. when a fire burned about five acres. While putting out the fire, four marijuana plants, now burned, were found.

A McArthur woman reported a known 65-year-old man who lived nearby was stalking her.

Possible child abuse was reported Friday by Fall River

## Round Mountain murder

—From Page 1

Tuesday as their formal arraignment was postponed until Sept. 22 to allow legal counsel to review the case before the defendants entered a plea.

Following Tuesday's court proceedings, Jankowitz said the girls were being charged as adults not only because of the seriousness of the crime but also because of the alleged conspiracy.

"This was a pre-planned crime," Jankowitz said. "There was a lot of planning and sophistication and it took them several days to mastermind (this crime)."

Jankowitz said no decision has been made on whether to seek the death penalty against any of the defendants.

According to law enforcement officials, Miller found his girlfriend Metz in the family room of his home, located one-half mile west of the Highway 299 drinking fountain turnoff, and called deputies at 7:42 p.m. Thursday.

Miller met law enforcement officials at the front door of his home at the end of a mile-long concrete driveway when they arrived at 8:17 p.m.

Deputies said they found Metz lying with one hand behind her head and her other hand on her chest. Blood was seen both on her face and chest.

Miller told authorities he noted the victim's pinkish

red Ford Ranger was missing. Deputies found it Friday about 1.2 miles east of the Oak Run Store. The vehicle was towed to a secure facility for processing of evidence.

Miller's home was also the scene of a Jan. 9, 1999, unsolved burglary where some 45 firearms, \$30,000 in cash and other items were stolen.

Two Cannon gun safes containing the firearms, including numerous custom rifles such as Weatherbys, Sakos, Benellis and Remingtons were taken.

Also in the safe were Centex Corporation stock certificates, pink slips to collector-type vehicles, watches and a men's 3/4 karat diamond ring.

Tragedy also struck Miller on Dec. 1, 1997, when his 37-year-old wife, Robin Lynn Miller, was killed in a solo traffic collision.

She was traveling east on Highway 299 just west of Sugar Pine between Bella Vista and Round Mountain when she entered a moderate left-hand curve at a high rate of speed.

The small pickup ran off the right edge of the roadway and rolled.

She was not wearing a seatbelt and was partially ejected during the rollover, the California Highway Patrol reported.

She had married Jeff Miller two months earlier.

High School.

A woman reported on-the-job harassment by a former employer in Burney Friday.

A prowler was reported Thursday at 11:21 p.m. near Hudson and Main in Burney.

A Montgomery Creek caller reported Thursday at 9:22 p.m. someone was trying to ram a front door at the 19300 block of Catons Way.

A 21-year-old woman reported Thursday she was sexual assaulted over a two-year period beginning when she was 15 years old by a man in his 30s. The assaults, she said, occurred at three different locations in the Burney area.

A caller reported Thursday

afternoon a 40-year-old man kicked a dog several times and threw it over a fence at the 36700 block of Main Street in Burney.

Occupants of a white van were spotted loading items into the vehicle Thursday at 1:11 p.m. behind the closed Rocky Ledge gas station and mini mart.

Tri-Counties Bank in Burney reported Sept. 10 someone took a Pittsburg Steeler decorative fish from in front of the bank.

Two male and one female juveniles were reported smoking marijuana Sept. 10 at 8:05 a.m. at the Inter-Mountain fairgrounds in McArthur. The female was cited and taken to her aunt's house.

Tom McMillan reported the

theft of a tire from a vehicle Sept. 10 at the 20300 block of Crews Way in Burney.

Deputies arrested Darlyne Conrad for alleged petty theft of an 18-pack of beer from Holiday Quality Foods in Burney and public intoxication Sept. 9 at 8:32 a.m.

Jim Green reported his vehicle's windows were broken Sept. 9 at the 36900 block of Oak Street in Burney.

Total incidents handled by the Shasta County sheriff's office throughout the unincorporated areas of the county:

- Sept. 14 - 123
- Sept. 13 - 138
- Sept. 12 - 132
- Sept. 11 - 136
- Sept. 10 - 125
- Sept. 9 - 129
- Sept. 8 - 161

**Your Intermountain Chevrolet Dealer Since 1924**

## HIWAY GARAGE

### 2003 Silverado 1500 4x4



**Only \$26,200.00**  
\*\*Plus Tax & License

MSRP	\$32,870.00	* Incentive or 0% Financing for 60 Months Good Through September 30, 2003
Discount	\$2,670.00	
Incentive	\$3,000.00*	
Bonus Cash	\$1,000.00	

**336-5532 • 44275 Hwy 299, McArthur**

**Save up to 80% on Prescription Medication costs**

**Canadian Med Service**

Call us toll-free  
**1-866-887-0688**  
[www.canadianmedservice.com](http://www.canadianmedservice.com)

**YOUR NEIGHBORHOOD ACE HARDWARE**

# ACE

The helpful place.

THE BUYING STRENGTH OF 5,000 ACE STORES MEANS GREAT PRICES EVERYDAY!



## Home sale

work

household, hardware, and back-to-school items to study up on!



**2.99**

Quilted Northern® 12/Pk.  
• 200 sheets/roll  
6021414



**9.99**

your choice  
24" Push Broom  
• Palmira- or plastic-bristle  
• For wet/dry use  
• 60" metal slip handle  
10542, 10537



**14.99**

16' x 20' Poly Tarp  
• Water-resistant with grommets  
• Blue or Brown  
73197, 73912



**14.99**

1-2-3  
PRIMER SEALER  
Stain-Killer  
16890

Bulls Eye 1-2-3® Primer Sealer  
• Indoor/outdoor  
• Water clean-up

While Supplies Last During September!

# HOVIS HARDWARE

37113 MAIN STREET • BURNEY  
335-5471 • HOURS: MON-SAT 8-6



## HUNGRY MOOSE

### BREAKFAST

Served All Day

**\$1.99**

**Pie & Coffee**

2 - 4 pm & 8 - 10 pm

**Coconut Cream Pie \$5.99 Take-out only**

**PRIME RIB**

Fri./Sat. Til gone

8oz. \$10.99\*

10oz. \$12.99

**20% off All Gift Shop Items**

Coupon

**ALL YOU CAN EAT SPAGHETTI**

Every Monday

**\$7.99**

with salad & garlic toast

Seniors \$6.99

Children \$3.99

Ad's expiration date 9-23-03

**Ham & Eggs \$3.99**

\$1 more on weekends & holidays

**Rib eye Steak and eggs \$4.99**

**T-Bone Steak \$9.99**

**Mexican Food every Wed. night \$7.99**

**\$6.99 seniors**

**20 oz. Porter House Steak \$12.99**

37453 Main Street, Burney (Holiday Shopping Center)

112 Morgan Way, Mt. Shasta also in Weed

## 335-5152

Hours  
5am til 11pm 7 days a week

# Cause of Nubieber fire still not known, says CDF

BY MEG FOX

A trio of houses burned to the ground within an hour and 11 vehicles were destroyed in a blaze that broke out in Nubieber on Sept. 3.

Details last week were still sketchy and even those who lost their dwellings, and declined to give their names, said they weren't sure what

happened.

McArthur rancher Rod McArthur said he was in Big Valley to check his water that day and had just driven past the cluster of houses at Cramer and Jefferson Roads at around 12:30 p.m. "Everything was fine and then I was three minutes past it and looked back and black smoke was blowing," he said.

The three structures were on about two acres reportedly owned by Anna Barns and her husband, whose name was not given.

Barns's daughter, Suzanne, and Suzanne's daughter all lived together in one house, while Suzanne's 22-year-old son slept in the house where the fire started. She said her children are Big Valley high School graduates.

Another couple reportedly rented the third house.

"My son was out throwing rocks at some goats and saw smoke and told us the house was on fire," said Suzanne, who declined to give her last name. "He ran to the neighbors to call 911 and then got the water hose.

"When the fire department got there, they told him they would take care of it. But the house went up anyways. The first fire truck that got there

had no water in it whatsoever," she said.

The family only had flood insurance. "We lost everything," she said, adding that the numerous vehicles on the property all were operational.

Fire Captain Aaron Burrough of the California Department of Forestry and Fire Protection station in Bieber said the cause of the fire is under investigation.

Suzanne said there was no electricity in the house where the fire started.

The CDF was first at the scene and reported that the structure was fully involved when they arrived.

The fire quickly spread to two adjacent structures, CDF personnel said.

Also responding were personnel and equipment from the Big Valley Fire Protection District, the Adin and Lookout volunteer fire departments, the U.S. Forest Service, Modoc National Forest, the Lassen County Sheriff's Office, and the CHP.

The Lassen County Sheriff's Office in Susanville said they had no information and declined to refer questions to the resident deputy in Bieber.

A Modoc ambulance was also at the scene to assist three CDF firefighters and one Adin volunteer who had

heat exhaustion, Burrough said.

CDF helicopter 202 assisted with a small wildland fire that started as a result of falling ashes from the structures, Burrough said.

The American Red Cross helped Suzanne and four family members, who have been staying at the Bieber Motel. The couple from the third house is reportedly staying with family in Burney.

**BREAKFAST LUNCH DINNER**

Cocktails, Beer & Wine

**CHINESE & AMERICAN CUISINE**

Orders to Take Out

592 Market St. Redding 241-9747

## School board

—From Page 1

told the trustees for the Fall River Joint Unified School District.

In other business, the trustees wanted more information before naming an architect to look at the district's facilities. The board received three proposals during interviews earlier in the week.

The district is eligible for site modernization funding from the state, though the district would have to pay 40 percent of a 60-40 match.

"We can't pass up that opportunity and we hope the voters will support it," said Newton.

The board adopted revised graduation requirements that include the completion of Algebra I for all students starting in 2004 and the delay of the state's California High School Exit Exam requirement until 2006. The board adopted an Algebra I textbook for students with special needs.

In expulsion discussion during closed session before the meeting, the board reinstated two students to Burney Junior-Senior High School, instated one to Fall River Junior Senior High School, and continued two students at Fall River Community Day School.

## Small fire

A small vegetation fire in the woods behind Burney Terrace was contained Saturday by the Burney Fire Protection District and the California Department of Forestry and Fire Protection.

The 4 p.m. fire burned a 30-foot-by-60-foot area behind three residences on the Hudson Street cul-de-sac and near an area frequented by ATV riders and others, according to Burney Fire Chief Bob May.

"We're going to keep an eye on that area with proactive patrols because it's still fairly dry," he said.

Community Employment Center

## SMART

[www.shastasmart.com](http://www.shastasmart.com)

**USE COMPUTERS AT THESE LOCATIONS**

Burney Library  
37038 Siskiyou, Burney  
335-4317

Intermountain Community Center  
37477 Main Street, Burney  
335-4600

Acorn Cafe  
30358 Hwy. 299E, Montgomery Creek  
337-6141, 337-6736

Mayer's Hospital Crossroads  
20597 Commerce Way, Burney  
335-3800

Pit River Health Services, Inc.  
36977 Park Ave, Burney  
335-5090

**In the Intermountain area**

SMART is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. TTY (530) 225-2095.

## REAL ESTATE CORNER

By, DOROTHY HERRELL, Century 21 Big Pines Realty



### MANAGING YOUR MORTGAGE

Most home owners overlook their mortgage payment as a financial tool for money management. Smart buyers know that adding even a small amount to their monthly payments can substantially reduce the term of their loan and the amount of interest they will pay. In fact, prepaying one full year of a standard mortgage can save thousands of dollars in interest.

The key is to do it properly and to find a lender for whom prepayment is not a problem. More and more lenders now allow buyers the option of adding an additional amount to their monthly payment that goes directly to the principal. The amount you add will depend on your cash flow. But remember that your mortgage interest rate is probably the lowest interest loan you will find, so don't short yourself with prepayment only to run up credit card debt!

For professional advice on all aspects of buying or selling real estate talk to us at Century 21 Big Pines Realty. Call us for an appointment at 530-335-3636, or drop by our office at: 37107 Main St. in Burney, or visit our website at century21bigpines.com.


**Serving the Intermountain area with distinction and integrity.**

## PROFESSIONAL DIRECTORY

**STEPHEN O. BERTHELSEN, M.D.**  
Orthopedic Surgery

**Specializing In:**  
Bone & Joint Disease  
Total Joint Replacement  
Foot Surgery • Hand Surgery  
Arthroscopic Surgery

Hwy 299E, Fall River Mills 336-6515  
and Mayers Hospital Annex, Burney

**MOUNTAIN VALLEYS HEALTH CENTER**  
294-5241

\*General Family Practice  
\*Complete Obstetrics  
\*Minor Surgery \*X-Ray Service  
\*Podiatry \*Dentistry  
\*Mental Health Counseling

Mountain Valleys Health Center  
554-850 Medical Center Dr.  
Post Office Box 277 Bieber, CA 96009

**FAMILY CHIROPRACTIC HEALTH CARE**  
Michael S. Maier, D.C.

•Non-force treatments & other techniques •Car Accidents  
•Work Injuries •Chronic Pain •Daily Stress •Sports Injuries

**If You Are Not Sure If Chiropractic Care Can Help You, Call Us!**

43523 Hwy 299E • Fall River Mills  
**336-6547**

**WILLIAM H. SCHMUNK, DDS**  
Family Dentistry

New Patients Welcome  
**336-6142**  
44203 Hwy 299E  
McArthur

## No Clowning Around. We have \$65,000,000 to Lend!



**Why do we have \$65,000,000 to lend?** Simple. Deposits have been growing very well.

So we just want everyone to know that if they have good credit and need money for a worthwhile purpose, we can help.

Your business may need an SBA loan or your home may need fixing

up. Your kids may need college tuition this fall or your ranch may need a new barn now.

And our Loan Officers won't clown around when you apply for your loan. You'll get personal, local help...fast!

So how much of our \$65,000,000 do you need? Call or visit your local Plumas Bank office soon.

**PLUMAS BANK**

Local People Serving Local Needs

## INTERMOUNTAIN CHURCH DIRECTORY

**FIRST BAPTIST CHURCH**  
20428 Poplar Street, Burney  
Sunday School 9:45 a.m.  
Worship 11 a.m.  
**335-4293**  
[www.Burney1stBaptist.org](http://www.Burney1stBaptist.org)

Grace Community Bible Church  
Pastor Henry Winkelman  
Tamarack Ave. Burney 335-2367  
Independent Fundamental Bible Church  
9:45 am Sunday School, all ages  
11 am Worship Service-6 pm Evening Service  
Wednesday: 7 pm  
Bible Study and Prayer

**SOLID ROCK FOUR SQUARE CHURCH**  
20343 Tamarack Ave., Burney  
Pastor Michael Mallard  
335-4300  
Sunday Worship 10 am & 6 pm  
Children's Church: Pre-school to 6th grade  
Nursery: 0-toddler  
Wednesday Fellowship & Bible Study 7 p.m.

**CHRISTIAN SCIENCE SOCIETY**  
Hwy 299E at Ft. Crook Avenue, Fall River Mills  
Sunday Service & Sunday School 10:30 a.m.  
Wednesday Services 7:30 p.m.  
READING ROOM  
1st & 3rd Wednesday 1-4 p.m.  
-Visitors Welcome-

**SEVENTH DAY ADVENTIST CHURCH**  
Fall River Mills 336-5260  
Saturday:  
Sabbath School 9:45 a.m.  
Worship Service 11:15 a.m.  
Pastor Craig Klatt 336-6457

Calvary Chapel, Burney Falls  
(Formerly Burney Christian Fellowship)  
Intermountain Community Center  
Main & Commerce Street • Burney  
THE LIGHTHOUSE  
CHRISTIAN BOOKSTORE  
37067 MAIN ST • BURNEY  
Pastor/Teacher Pat Nugent 335-2910

Intermtn. Evangelical Free Church  
Hwy 299E in McArthur  
Worship Service 10 am  
AWANA Club: 3:30 pm Wednesday  
Youth Leader: Brad Lewis  
Pastor Leon Engman  
336-5116

**FAITH LUTHERAN CHURCH**  
20400 Timber, (at Juniper)  
Burney, CA 96013  
**335-3723**  
Pastor James H. Cavener  
Alternate Telephone 335-2670  
Sunday Worship 8 a.m. Bible Classes Wednesday 7 p.m.  
**Visitors Welcome!**

**UNITED PENTACOSTAL CHURCH**  
21661 Garden Lane  
Johnson Park  
Services: Sunday 10 a.m. & 6 p.m.  
Pastor Raymond L. Stephens  
335-4385 or 335-4980

**BURNEY CHURCH OF CHRIST**  
Superior Avenue, Burney  
(Behind Old Post Office)  
**Sunday Services**  
Bible Study 10 a.m.  
11 a.m. & 6 p.m.  
Bible Study Wednesday 7 p.m.

**Intermountain Baptist Church**  
20410 Marquette Street, Burney  
Pastor Bud Hennessey 335-5414  
Sunday School 9 a.m. • Family Worship 10:30 a.m.  
Sunday Dinner 12:30 p.m. • Evening Service 6 p.m.  
Awana Clubs - Wednesday 6:30 p.m.  
Christian Radio KIBC 90.5 FM

Community United Methodist Church  
Fall River Mills 336-5602  
Rev. Basel Rafeedy Pastor  
Adult Sun. School 9:45 a.m.  
Sunday School 10:45 a.m.  
Worship Service 10:45 a.m.  
Nursery Provided  
Men's Prayer Breakfast Sat. 8 a.m.  
Youth Fellowship Sat. 6 p.m.

**Hat Creek Baptist Church**  
Highway 89 at VN Lane • 335-5297  
Sunday - 9:45 and 11  
Wednesday - AWANA Club, 6:30 p.m.  
Prayer, 7:00 p.m.  
Thurs - Ladies' Bible Study, 10 a.m.  
Pastor Frank Wilkins • hatcreekchurch@citlink.net

# OBITUARIES



**DAN PORTER**

## Daniel Frank Porter

**Insurance, 61**

A celebration of Life will be held at the Lion's Hall in Burney, October 11 at 3 p.m. for Daniel Frank Porter who died Sept. 10, 2003.

Mr. Porter was born March 24, 1942 in Sacramento and moved to Shasta County in 1976 from Sacramento.

He owned Hilliard Insurance in Burney. He was affiliated with the Lion's Club.

He is survived by wife Delores; son Richard of Burney; daughter Dana Howard of Sacramento; brother David of Nevada City.

## Herbert William Noel

**Maintenance, 92**

No services will be held for Herbert William Noel of Burney.

He died Sept. 13, 2003 at Burney Annex of Mayers Memorial Hospital.

He was born Sept. 23, 1910 in Korbelt.

He moved to Shasta County in 1973 from Sonoma.

He was a maintenance worker for the city of Sonoma.

He is survived by sons Thomas of Winslow, Ariz., James of Wheatland, Theodore of Santa Rosa; daughter Judith Scott of Sisters, Ore.; 15 grandchildren and many great and great-great grandchildren.

He was affiliated with the Church of Jesus Christ of Latter Day Saints.

## Gwendolyn Horen Magnone

**Waitress, 89**

Services for Gwendolyn (Gwen) Horen Magnone will be held 11 a.m., Saturday, Oct. 4 at St. Francis Catholic Church in Burney.

Internment will be at the Veteran's Cemetery in Burney.

She was born Feb. 7, 1914 in Wilton, Minn., and married Joseph Magnone in 1968 in Burney.

She died August 30, 2003 in Redmond, Oregon.

56 nieces and nephews survive her.

In lieu of flowers and cards, contributions may be made to the local hospice organization.

McDonald's Chapel in Burney handled the arrangements.

## Inez Eileen Carpenter

**Nurse, 75**

Services for Inez Eileen Carpenter were held August 22.

She died Aug. 20, 2003 at her home.

She was born Aug. 5, 1928 in Pittville.

Sister Pauline Vestal of Montague, brother Forest Carpenter of Lakeview, Ore., and numerous nieces and nephews survive her.

She was buried at Pine grove Cemetery in McArthur.

Donations may be made to American Lung Association, 2732A Cohasset Road, Chico, CA 95926.

## Joe Duncan

**Veteran, 56**

Services for Joe Duncan

of Anderson were held Aug. 29.

He died at Mercy Medical Center Aug. 23, 2003.

He was born June 16, 1947 in Redding.

He is survived by wife, Judi of Anderson; son Jeff of New York; parents Bill and Gertrude Duncan of Anderson.

Allen and Dahl Funeral Chapel in Anderson handled the arrangements.

## Helen Viola David

**Homemaker, 85**

Services for Helen V. (Sears) David were held Sept. 3 in Fresno.

She died Aug. 26, 2003 in Socorro, New Mexico.

She was born Feb. 3, 1918 in Fresno.

She and her husband lived at the Pit 1 and Pit 3 powerhouses and later moved to Burney in the 40's.

She was a member of the California Mother of Light Chapter of Eastern Star.

Survivors include son John of Coarsegold; daughter Gayle Rhodes of Lemitar, New Mexico; five grandchildren and two great-grandchildren.

Steadman-Hall Mortuary in Socorro, New Mexico handled the arrangements.

## Roy Swain

**Park maintenance, Buckaroo, 97**

Graveside services for Roy Swain of Adin were con-

ducted Sept. 10 at the Adin Cemetery with Pastor Destry Campbell officiating.

Mr. Swain died Sept. 6, 2003 at Fall River Mills. He was 97.

Born Sept. 26, 1906 in Susanville, he worked for the Edgerton Bros. Lumber Company in Adin and was employed by Modoc County as the maintenance person for the Adin Community Park for 14 years.

In his early working years, Mr. Swain was a buckaroo for the George and Elmer Williams, Corporation and J.D.

Flournoy ranches in Modoc County.

In 1944, he mined for gold at the Hayden Hill Gold Mine near Adin.

He was a member of the Masonic Lodge of Free & Accepted Masons.

His wife of 53 years, Edith Smith Gordon, preceded him in death in 1988. They were married in Reno, NV. on Jan. 16, 1935.

His daughter Roselea Nelson also preceded Mr. Swain in death in 2003.

Mr. Swain is survived by his son-in-law Glenn Nelson

of Adin; granddaughter Susan Cull and husband Perry of Redding; grandson Alan Nelson and wife Kathie of Adin; granddaughter Kris Dodgen and husband Bryan of Adin; nine great-grandchildren and one great-great grandchild.

Memorial donations may be made to the Adin Ambulance Fund at P.O. Box 102, Adin, 96006.



## Community events

### SEPTEMBER

Sept. 17 - Fall River Chamber meets Wild Bills 6:00 p.m. All welcome, FRM 336-7220  
 Sept. 17 - Back to School Night, 6:45-8:30 p.m., Burney, Jr. Sr. High School  
 Sept. 18 - Back to School Night, 7 p.m., Fall River Elementary School  
 Sept. 18 - Blood Drive at Burney Vets Hall, 335-4971  
 Sept. 19 - Tri Counties Bank Appreciation Day, 11 to 3:30 p.m. free hotdogs, Burney  
 Sept. 19 - Burney Brown Bag at Burney Vets Hall 10-noon, 335-4971  
 Sept. 20 - Young Eagles Day FREE airplane rides kids 8-17 yrs - F.R. 9am,336-5465  
 Sept. 20 - Lion's Club Rummage Sale 8 a.m. -noon, Lion's Hall, McArthur  
 Sept. 20 - End of Summer party, United Bikers, at Fall River Hotel, noon, 335-2450  
 Sept. 23 - Back to School Night, 6-7 p.m. Soldier Mountain  
 Sept. 23 - Back to School Night, 7-8 p.m. Mountain View  
 Sept. 24 - Investing Basics at Burney Chamber Gardens, FREE, 5:30pm 335-2016  
 Sept. 24 - Back to School Night, 7 p.m. Burney Elementary  
 Sept. 25 - Fall Fling, dance, food, silent auction, 6 pm, Burney Lion's Club 335-5588  
 Sept. 25 - Comm Action Plan, Ingram Hall, Interm Fair, 7 p.m. McArthur  
 Sept. 28 - A Taste of Fall River, wine & beer tasting 1-5pm Vets Hall FRM  
 Sept. 28 - Trail Ride 10 a.m. at Devil's Corral near Susanville, Jack 257-6902

### OCTOBER

Oct. 1 - Back to School Night, 7 p.m. Fall River Jr. Sr. High School  
 Oct. 2 - Community Action Plan, 7 pm, Burney Chamber office  
 Oct. 4 - Plant Division workshop, Boster's Nursery, Cassel, 10 a.m. 335-4499  
 Oct. 3 - Brown Bag at Burney Vets Hall 10-noon, 335-4971  
 Oct. 7 - VOTE- Special Statewide Election ??? maybe, maybe not, stay tuned!  
 Oct. 12 - Heritage Day, McArthur-Burney Falls State Park  
 Oct. 17 - Brown Bag at Burney Vets Hall, 10-noon, 335-4971  
 Oct. 20 - Meet the Candidates, (school board), 7pm East Burney Elem. 335-4201  
 Oct. 22 - Meet the Candidates, (school board), 7pm Fall River Elem. 336-5433  
 Oct. 26 - Turn clocks back one hour, Daylight Savings Time Ends

### NOVEMBER

Nov. 29 - Community Tree Lighting Ceremony - Burney

### DECEMBER

Dec. 13 - VFW Christmas Ham Dinner - Burney  
 Dec. 13 - Fall River Valley Country Christmas Light Parade

You can count on your "good neighbor" agent to help with all your life insurance needs:

- Whole Life
- Term Life
- Universal Life
- Annuities

See me:  
**Ken Phillips, Agent**  
 Lic. # 0517801  
 401 Hwy 395 East  
 Alturas, CA  
 530-233-2022

**STATE FARM INSURANCE**  
 State Farm is there for life.  
 statefarm.com™  
 State Farm Life Insurance Company • Home Office: Bloomington, Illinois  
 P-00234 12/00

# BUSINESS DIRECTORY

**INTERMOUNTAIN Respiratory Services**  
 Medical Services & Supplies  
**HOME DELIVERED OXYGEN**  
**WHEELCHAIRS, BEDS, WALKERS**  
 336-5511 Ext 1223 • Toll Free 1-877-545-7241  
 For care and service second to none

A service of Mayers Memorial Hospital District

**Taqueria La Fogata**  
 37063 Main Street  
 Burney, Ca. 96013  
 335-3338  
**Mexican Food**

**Riverview Residential Care**  
 •Private Rooms  
 •Dementia & Alzheimers  
*Quiet home setting and view of river.*  
*Located in Fall River Mills*  
**Call Debbie or Kathy 336-1054**  
 Lic# 455001290

**HIWAY GARAGE**

Hiway Garage is located at 44275 Hwy 299 Main St., in the beautiful town of McArthur.

The business was established in 1924 owned by Bert Thatcher. The existing building was built in 1933 for \$3,055.66. Lester F. Agee purchased the business in 1950. After his passing Laurence Agee purchased it from his mother in 1959.

Hiway Garage offer the community is that it provides a full service gas station, mechanical repair, tire & smog, brakes and is also a Chevrolet Dealership.

There are several photos of the business in the early years on display at the garage.

Hours are Mon. through Fri. 8 a.m. to 6 p.m. Sat., 8 a.m. to 2 p.m.  
 Telephone 336-5532.

**COMPUTER ZONE INTERNET SERVICE - IT'S HERE!**  
 Unlimited Local Internet Access

E-mail **\$20** Chat News **800-500-3495**  
 Web

**TARA TRAVEL**  
 37140 Main Burney 96013  
 We Are DISNEY SPECIALISTS AUSSIE SPECIALIST AIR • TRAINS CRUISES • AMTRAK  
 335-3627 800-859-8272 CAREG#2012723.40

**INTERMOUNTAIN INSURANCE SERVICES**  
 License # 0A65427  
**BUSINESS • FARM HOME • AUTO**  
 ESTABLISHED IN 1981  
 336-5565 or 800-655-6561  
 43173 Highway 299E, Fall River Mills

**ADIN SUPPLY**  
 Hunting & Fishing Licenses  
*And a Whole Lot More!*  
**299-3249**  
 104 Main Street • Adin

**HIWAY GARAGE**  
 Your Intermountain Chevrolet Dealer Since 1924  
**Full Auto Repair**  
**336-5532**  
 44275 Hwy 299 East McArthur, CA

**CROSSROADS COUNSELING CLINIC**  
 Alcohol & Drug Treatment Services  
 Family and Individual Counseling  
 Adolescent Counseling  
 SLIDING FEE SCALE  
**335-3800 • 336-6433**

**BURNEY FABRICARE**  
 Dry Cleaners • Commercial Laundry  
 Uniform & Coverall Rental • Table Linen • Shop Towels  
 Complete Drapery Service • Mat Rental  
**335-2231** 37156 Main St. Burney

**House Painter**  
 30 yrs. experience  
 Exterior & Interior  
**Leroy Miller**  
**335-5771**

**S. Murphy Construction**  
*of Lookout*  
 •Custom Homes  
 •Remodels  
 •Concrete Work (All types)  
 •New Construction  
 Steve or Cavan Lic. # 429304 **530-294-5340**

**INTERMOUNTAIN FLOORS & INTERIORS**  
 CARPET • VINYL • WOOD LAMINATE • BLINDS  
 Dennis Williams Owner-Installer **PRO FLOORING CENTER** The Quality Name In Flooring Across America  
 37260 Mt. View & Main • Burney 96013  
 335-3880 • FAX 335-4006

**L. ENLOE WELL DRILLING**  
*'Your Well Being Naturally Better'*  
**Call 800-895-4H2O**  
**or 800-895-4426**  
 Contractor's License 710459

**INTER MOUNTAIN BODY WORKS CORP.**  
 • COMPLETE PAINT JOBS  
 • AUTO GLASS REPLACEMENT  
 • FRAME STRAIGHTENING  
 • COLLISION ESTIMATES  
 Insurance Work Welcome  
**335-4558**  
 38227 Main Street, Johnson Park

## Award-winning poet reading at Acorn fall fundraiser dinner

Linda Husa, a Surprise Valley poet and rancher, will read from her work during a fall dinner fundraiser at 7 p.m. Friday, Oct. 17, at the Acorn Café in Montgomery Creek.

Proceeds from the evening of "delectable, locally grown food, a literary reading, and the pleasure of good company" will help support Acorn's youth and rural community development activities.

The dinner menu is fall garden minestrone, freshly baked bread, garden salad, roast lamb with new potatoes, and apple pie.

Tickets are \$25 and must be purchased in advance by calling 530-337-6736.

Linda Husa is a frequent participant in writing workshops and poetry readings and has been a featured reader at Western Folklife Center's Cowboy Poetry Gathering.

She and her husband, John, raise hay, cattle, horse and sheep on their ranch in Cedarville.

Her book of poems, *Blood Sister, I Am To These Fields*, received the Western Heri-



LINDA HUSSA

tage Award for Outstanding Book of Poetry for 2000 from the National Cowboy and Western Heritage Museum.

It also received the Cowboy Hall of Fame Western Heritage Wrangler Award, the Western Writers of America Spur Award, and the Willa Cather Women Writing the West award.

In 2002, she received the Silver Pen Award during the 12th annual Nevada Writers

Hall of Fame.

Husa's other poetry includes *Ride The Silence*, *Where the Wind Lives*, and *Lige Langston*, *Sweet Iron*, an oral history, memoir, and poem about a buckaroo in the Cedarville area.

Together with Carolyn Dufurrena and Sophie Shepard, Husa wrote *Sharing Fencelines*, a trio of stories about living in the "empty" West, which includes a wonderful section on rural community organizing.

She and Carolyn Dufurrena are also the authors of *Fifty Miles From Home* about the 50-mile circle of territory ranging from the edges of the Black Rock Desert to high, aspen-filled mountain basins.

The authors follow the annual cycle of ranch work and the seasonal changes of the surrounding landscape.

"Her work is powerfully rooted in the rhythms of ranching life, and the people and animals who share their perch on the edge of the Great Basin," said one reviewer.

Catherine Camp will lead an informal conversation after the reading.



News Photo / Meg Fox

Ian Budesa, 2, of Burney, gets ready to ride through the newly opened Bailey Community Park in Burney.

## Little by little, Bailey Park vision becomes a reality

BY MEG FOX

One day in the summer of 2000, a handful of people met to talk about building a skatepark in Burney.

A year later, the idea had expanded to building a community park for the enjoyment of everyone, from toddlers to skateboarders and strolling seniors.

The vision was developed, built, and celebrated on Sept. 6 with the grand opening of Bailey Park.

"It was amazingly easy," said Tammy Noack-Budesa, who was taking some time out for herself at home while four of her five children played at the new park.

"I like saying, 'Let's go to the park.' We've been here seven times since it opened," said Kristen Lane, whose daughter, Mercedes, 4, was climbing on top of a tunnel at the park with her friends.

The two mothers are among a core group who has stayed with the project since its inception.

Also attending nearly every planning meeting were Burney parents April Bertain, Amy Hawes, and Pam Gonzalez, along with about 300 other community members who believed in the project and did their part to keep it moving along.

Cindy Dodds, executive director of the Tri-Counties Community Network, and Project Coordinator Lynn Erickson co-authored the initial grant request to the Shasta Children and Families First Commission (now called First 5 Shasta) that provided the largest chunk of funding through the state's Prop. 10 tobacco tax monies.

A first year's grant of \$30,000 was for project planning. A second year grant of \$75,000 went towards building the park.

There were other grants, from the Tony Hawk Foundation and Shasta County Public Health, and countless fundraisers and donations of time, labor, equipment, and money.

Erickson said that they recently received another grant, with the help of Cassel landscaper Bob Boster, for 100 deciduous trees. "When we got those planted it will be beautiful."

The tree grant is from the California Department of Forestry and Fire Protection.

Noack-Budesa said she's enjoyed every stage of the process — and is looking forward to future plans that include expanding the skatepark, which is far from done, building an amphitheater and bathrooms, and completing the landscaping.

She compared Bailey Park's progress to a homeowner's new, bare yard that at first seems overwhelming.

"You look and think, 'Oh, my gosh,' and then little by little it gets done, and now when I look at the park it seems manageable."

"I can also see the future, too, and the many opportunities the park will provide for the community," she said.

While Noack-Budesa thought the park was up and ready in no time, Lane said that for her, it felt like forever.

"It was a good experience, but I also wish more of the community had gotten involved and come to the meetings," she said.

Alex Budesa, 21, who was raking stones off the pathway while his younger siblings played, commented that if the inmates from the CDF Conservation Camp in Bieber had not helped out, "we'd still be here working on it."

The wooded park with a meandering raised path

going through it, is on four acres between the Burney Little League field and the community swimming pool.

There is an eight-station fitness course, designed specifically for ages 5 to 12, but that can be used by anyone.

There are swings, a large play structure, and a variety of other interesting places to stop and play, such as on the spring-riding fire truck and motorcycle, or with the sand diggers, or on the balance beam, or behind the steering wheel attached to a bench.

"The sand diggers are real popular with the Dads," said Erickson.

"There is also a plumbed frog with water that shoots from its mouth and the kids have a ball with it. They love it."

Erickson said she and others visited several parks and from their visits and research found that children enjoy the combination of sand and water.

They also learned that parks need areas where children can run and play and also where they can be quiet — and Bailey Park provides that.

About 180 people attended the opening.

The festivity included a ribbon cutting, refreshments, live music by Attempted Failure, a local band, and thank you's to the 50 businesses and organizations and the more than 300 individual supporters of the park.

Erickson said she was also happy to see so many skateboarders, who were enjoying ramps donated by the Anderson Parks and Recreation District for the occasion.

"The park is wonderful," said Noack-Budesa. "It's amazing that it's there."



Manicurist Shawna Smith welcomes clients to her salon, Rose Cottage Nails, in Burney.

## Plan is to pamper her clients as they relax at Rose Cottage Nails

BY MEG FOX

After driving a big rig across the United States with her husband for several years, Shawna Smith has decided to stay closer to home and pamper people instead at Rose Cottage Nails in Burney.

She opened her full service nail salon, with its soothing rose-colored walls and white wicker furniture, on June 10 and enjoys every minute of her new work.

"I love doing this and I love visiting with my customers," she said.

Her desire is to provide "the most relaxing, pampering, sanitary nail services in the Intermountain area," she said.

Her service menu includes manicures, pedicures and ear piercing. She does acrylics and silk wraps, nail removal, repairs and rebalancing, nail art, and will soon be offering air brushing, a fast technique used instead

of polish to apply color and do nail design.

For pure luxury, go one step beyond her basic pedicure and try the regular that includes toenail care and polish, callous removal and a lotion massage, or, better yet, her two-hour spa pedicure.

"It's total indulgence with massage, scrubs and masks — like a facial for your feet," she said.

Smith moved to Burney in 1984 from Scott Valley and she and her husband, Gary, have seven children between them and two grandchildren.

The children are another reason she left life behind the wheel behind. "I love being home again, seeing my grandkids, and having a normal life," she said.

Smith also worked at the Shasta County Sheriff's Office in Burney as a dispatcher and service officer for about six years, while her husband was driving truck.

"He was gone all the time," she said. And so he talked her into getting her commercial driving license and they

drove as a team all over the United States.

She took a one-year break and went back to the Sheriff's Office and then went back on the road again, this time for a company based in Tennessee.

"I loved seeing the country. I always wanted to travel and it was really nice to do it and get paid for it. But it was also a different life, living in a truck, day in and day out."

When her husband was injured on the job in Missouri, they decided it was time to stay closer to home.

But there was no money to be made team driving in California and so Smith pursued a new career as a manicurist.

Rose Cottage Nails is "a dream come true," she said.

For dream-come-true care for your hands and feet, call 335-5562 for an appointment, or stop by Rose Cottage Nails at 37088 Main Street.

The salon is open Tuesday through Friday from 10 a.m. to 5 p.m. and every other Monday from noon to 5 p.m.

## IN THE SERVICE

### Seaman DeWitt completes his training

Navy Seaman Recruit Tyler A. Dewitt, the son of Bobbie J. Jacobson of Fall River Mills, and Ronald A. Dewitt of Red Bluff, recently completed the eight-week U.S. Navy basic training at Recruit Training Command, Great Lakes, Ill.

The capstone event of boot camp is "Battle Stations". This exercise gives recruits the key skills and confidence they need to graduate and take to the fleet.

Its distinctly 'Navy' flavor was designed to take into account what it means to be a Sailor.

Dewitt is a 2002 graduate of Falls River High School of McArthur.

### Wellemeyer training at Cape May, NJ

Coast Guard Seaman Andrew J. Wellemeyer, the son of Lorna M. and Robert P. Shandley of Burney, recently graduated from the U.S. Coast Guard Recruit Training

Center in Cape May, N. J.

During the eight-week training program, Wellemeyer completed a vigorous training curriculum consisting of academics and instruction on water safety and survival, military customs and courtesies, seamanship skills, first aid, fire fighting and marksmanship.

Men and women train together from the first day in the Coast Guard.

To reinforce the team concept, he and other recruits were trained in preventing sexual harassment, drug and alcohol awareness and civil rights training.

Wellemeyer is a 2000 graduate of Mountain Christian Academy in Cassel.

### Spearin ready for Annapolis

Navy Midshipman Adam B. Spearin, the son of Sandra K. and Lester S. Spearin of Montesano, Ore., was inducted this summer into the U.S. Naval Academy in Annapolis, Md. where he is completing six weeks of Plebe Summer at the Academy.

This demanding, fast-paced orientation begins

four years of preparation for commissioning as Naval or Marine Corps officers.

During Plebe Summer, Spearin is learning basic skills in seamanship, navigation, infantry drill, sailing and marksmanship.

He is also receiving instruction and indoctrination on the Brigade of Midshipmen's Honor Concept.

At the end of Plebe Summer, Spearin will be ready to join the rest of the brigade when the academic year gets underway this fall.

Spearin is a 2000 graduate of Burney High School.

### Tri Counties Bank Annual Customer Appreciation Day!

Friday September 19th 2003  
11:00 a.m. to 3:30 p.m.

We would like to invite all of our valued customers to join us for

FREE HOT DOGS AND REFRESHMENTS!

### Alderwood & Associates

THINKING OF BUYING A HOUSE, MOBILE HOME, CAR OR YOU JUST WANT TO CONSOLIDATE YOUR BILLS. HERE AT ALDERWOOD AND ASSOCIATES WE CAN GET YOU APPROVED FOR ONE OF OUR GREAT LOAN PROGRAMS TODAY.



CALL (866) 331-6018  
NO FEES TO APPLY

## Hayfork vs Burney 25-15,29-27

## Burney takes 2nd place at tournament



NEWS PHOTO / Meg Fox

Burney B JV player Katie Wand (14), and Anika Kierce, tip one over on Hayfork's varsity player Jackie Mitchell during pool play in Saturday's Burney tourney.



NEWS PHOTO / Meg Fox

### Eye on the ball

Burney U12 Basher Brett Shoemaker, sporting green hair, focuses on the ball during Saturday's soccer 4-2 loss to the Corning Crush. Austin Tumino is ready to assist. Shoemaker and Alex Courtright scored for Burney.

## 4 set new records at Fall River Cross Country Invitational

Four runners set new course records at the Fall River Cross-Country Invitational held Sept. 10 in McArthur.

Fall River High School freshman Brent Handa, competing in his second cross country event ever, raised the bar on the Boys JV 2.2 mile course by finishing with a first place time of 12:32.

A second place medal went to Burney sophomore Jeremiah Newton, running for the Raider Harriers, who completed the course in 15:24.

Fall River's Mimi Brown set another course record by finishing the Varsity Girls 3.3 mile course with a time of 26:02.

Scott Joyce of Modoc finished the Boys Varsity 3.3 mile course in another recording-breaking time of 18:48.

Kaeli Turk, running for Redding Adventist Academy, set a new course record on the Girls Junior High 1.1 mile course with her time of 7:33.

Other times for competitors were as follows:

Boys JV 2.2 Mile: 3rd place Philip Glenrange, RAA, 15:31; Cooper Allison, Burney, 15:57; Phillip Thompson, Burney, 17:39; Brett Joyce, Modoc, 18:29; Timothy Widmer, RAA, 19:10; Brady Nelson, Burney, 19:18; Peter Katz, RAA, 19:31; and Andrew Holmes,

RAA, 19:51.

Girls Varsity, 2.2 Mile: Crystal Cohen, Modoc, 18:48; Rachel Fox, RAA, 19:15; Jordan Smith, Trinity, 20:00; Rachel Goldman, RAA, 21:40.

Boys Varsity 3.3 Mile:: 2nd place Andrew Milne, RAA, 22:09; Ryan Ghelfi, RAA, 22:20; Ely Carter, RAA, 23:23; Garrett Boyer, Burney, 24:20; Mark Main, Modoc, 24:47; Jesse Brookins, Trinity, 25:05; Isaac Valdivia, Burney, 25:22; Nick Valenzuela, Trinity, 26:20; Danny Wells, Trinity, 26:33; Michael Shoemaker, Burney, 28:22; and Cordell Dilly, Trinity, 30:56.

Girls Varsity 3.3 Mile: 2nd place Danielle Moriarty, Modoc, 26:12; Jennifer Joyce, Modoc, 27:09; Dustie Jacobs, RAA, 29:07; Hannah O'Leary, Paisley, 29:43; Bethany Hill, Trinity, 34:29; and May Sircharoen, Trinity, 45:05.

Girls Junior High 1.1 mile course: 2nd place Lizzy Gruber, RAA, 7:35; Lydia McDemos, Fall River, 8:11; Calie Schneider, Rall River, 8:26; Michelle Vaughn, Fall River, 8:53; Sara Barnett, RAA, 9:12; Danyka Louks, RAA, 9:49.

RAA runners took the first through third places in the Junior High Boys 1.1 mile. The first place time was 7:09. There were no local runners in that event.

Burney's Varsity volleyball team took second place at the Burney Tourney Sept. 12-13, losing to the Hayfork Timberjacks in an agonizing championship match that went to 29-27. Hayfork won its first set, 25-15.

In pool play, Burney split with Hayfork, 25-17, 22-25.

"I'm pleased with the way the kids are playing. We're progressing and doing well," said Varsity Coach Pete Giachetti.

Burney High School hosted six teams and divided their Varsity and Junior Varsity players into A, B, and C teams to add three more competitors for the tournament after two schools cancelled.

In fact, Burney competed against themselves in the semi-finals with the Varsity A team winning two games against the Varsity B's, 25-17, 25-9.

"It was tough having three teams in the tournament, although it did give kids who would not have had it, the opportunity to play.

"But it doesn't make for a cohesive effort and players aren't getting rest," said Giachetti.

One Burney JV and two varsity players were taken

out with injuries during the two-day tournament.

In pool play Friday, scores were as follows: Burney A (Varsity) vs. Hayfork 25-17, 22-25; Burney A (Varsity) vs. Westwood 25-23, 25-12; Burney A vs. Butte Valley 25-11, 25-12; Burney C (Var) vs. Burney B (JV) 25-13, 25-12; Burney C vs. Bishop Quinn, 25-17, 25-22; Burney B vs. Bishop Quinn, 25-23, 25-13; Hayfork vs. Butte Valley 25-7, 25-16; Hayfork vs. Westwood 25-13, 25-13; Butte Valley vs. Westwood 13-25, 26-24; Lassen vs. Bishop Quinn 25-16, 23-25; Lassen vs. Burney B 25-10, 25-19; Lassen vs. Burney C 25-12, 25-23.

Saturday's scores were: Burney A vs. Burney B (JV), 25-17, 25-16; Burney A vs. Burney C 25-11, 25-15; Burney A vs. Bishop Quinn 25-19, 25-23; Burney C vs. Butte Valley 21-25, 26-24; Burney C vs. Westwood 25-11, 25-10; Burney B vs. Butte Valley 25-21, 16-25; Burney B vs. Hayfork 22-25, 12-25; Burney C vs. Hayfork 14-25, 25-21; Lassen vs. Butte Valley 25-16, 25-17; Lassen vs. Westwood 25-18, 27-25; Hayfork vs. Bishop Quinn, 25-10, 25-6; Bishop Quinn vs. Westwood 25-18, 25-23.

## FR Bulldogs garner 2 third place trophies

BY MEG FOX

Fall River's Varsity and JV Bulldogs traveled to Los Molinos Thursday and again on Saturday to garner third place volleyball tournament trophies and bring home two All-Tourney titles for varsity player Abby Salters and JV player Delaney Chapman.

The Lady Raiders could probably taste the championship Thursday after beating Quincy 25-17, 25-16 and Chester 25-17, 25-21, and splitting with Mercy 16-25, 25-19, to take first place in pool play.

But after a day's rest and another bus trip down I-5, the Bulldogs arrived back at Los Molinos tired out and it showed.

"We were just flat in our game against Biggs. We couldn't get it going," said Coach Kelly Freeland-Sloat.

Their loss to the second seeded team 16-25, 21-25,

knocked them out of championship play, but they went on to beat Mercy, 25-21, 25-17, for third place.

Everyone pitched in for the win against Mercy in what Freeland-Sloat said was a great game.

Brittany Shelton had 12 assists, 2 kills, Jessica Hero had 4 kills, Abby Salters had 3 kills, 1 block, Ami French had 6 digs, Brittany Wagner had 1 kill, 2 digs, Valeria Anderson had 2 kills, 3 digs, Katie Camarata had 4 digs, and Jessica Caldwell had 2 kills, 4 blocks.

The JV Bulldogs lost to Calaveras in the semi-finals and played Mercy to win third place.

The Bulldogs played Liberty Christian in Redding Tuesday at press time and are hosting Big Valley on Thursday with the JV game starting at 5:30 p.m.

## Cardinals chirping over Burney varsity game, as Burney JV's continue their winning streak

BY MEG FOX

The Big Valley Cardinals are chirping over their five-match win against the Burney Raiders Sept. 9 at the gym in Bieber.

Big Valley won the first two matches, 25-13, 25-12 and then Raiders reversed those scores in their favor, winning the next two matches, 25-13 and 25-12. In the final match, played to 15 points, Big Valley won, 15-6, to win the game.

"It was a good win for us and we're looking forward to a good start in League play," said Coach Paul Silva.

Big Valley's Jackie Heryford had 10 kills, Cyndie Jurants had four aces, and Nicole Winegarden had 7 digs.

In Junior Varsity play, Burney beat Big Valley in two quick matches, 25-17, 25-12,

but Big Valley Coach Shari Blatt said she was proud of the way her team of six freshmen and three returning sophomores are progressing.

"They are very young and they get stronger each week they play and that's all I can ask for. They are just really starting to get in the groove and get a feel for each other," Blatt said.

Sophomore Colby Salters is serving her team well with her serves and Maile Jurants "looks likes she'll be a real good setter for us," Blatt said.

Big Valley travels to the Bulldog's yard in McArthur Thursday for sixth through eighth grade volleyball at 3:30 and JV at 5:40, followed by varsity

## Lady Hawks win first game of their season

The Intermountain Lady Hawks U14 Girls Soccer team played - and won - their first game of the season Sept. 13 at Vista, beating the Red Bluff Cougars, 6-2.

During the first half, Celia Villarruel, Bianka Herrera, and Maryah Snow each scored a goal for the Lady

Hawks for 3-0.

The Cougars made two goals in the second half. Snow scored two more and Amy Newton made the last goal for the win, according to Coach Trish McQuade.

The Lady Hawks are set to take on the Lassen Flash at 4 p.m. Saturday at Riverside.

# THE InterMountain News Sports



NEWS PHOTOS / Meg Fox

Burney Varsity player Angela Hiller, in photo above, gets under the ball during the Sept. 12-13 Burney Tourney, while, in photo below, Raiders Amy Spencer scores the winning point in match with Bishop Quinn.



## On target

Ashley Bennett of the U12 Intermountain Starfire, at right, races to take over the ball in Saturday's match in Burney against the first place Anderson Wild Things, who won 4-1. Starfire's Hannah Rogers scored the point for her team.



NEWS PHOTOS

James Clarke of Orangevale, shown above, makes his way around the Burney High School track with about one-eighth mile to go before completing the 26-plus mile marathon Sunday. Clarke's time of 3:34:32 was 43 seconds faster than second place finisher Mark Foust of Sulphur, Oklahoma. About 101 runners took part in this year's event compared to 146 last year. Top right photo shows the beginning of the 10K race.



## More than 100 runners at 13th Burney Classic marathon race

More than 100 runners turned out for the 13th annual Burney Classic marathon, half marathon, 10K and 5K runs Sunday, with all races ending at Burney High School.

James Clarke won the 26-plus mile marathon in 3 hours, 34 minutes, 15 seconds, beating second-place finisher Mark Foust by 43 seconds. Results of the 2003 Burney Classic Marathon:

**Marathon, Male** James Clarke, Orangevale, 3:33.32, Mark Foust, Sulphur, OK, 3:34.15, R. Cervero, 4:05.17, Carl Kreshak, Red Bluff, 4:06.28; Paul DePrey, Red Bluff, 4:06.28; Seth Banks, Fremont, 4:12.41; Tim Skinner, Fallon, NV, 4:25.43; Jay Scott, Washoe Valley, NV, 4:28.13; Monte Fus, Appleton, WA, 4:34.39; Terry Ridgway, San Jose, 4:42.47; Mark Vegh, 4:53.07; J. McCarthy, Long Beach, 4:54.00; Eric Rahman, Cupertino, 5:36.00; Gary Sparta, Santa Clara, 5:40.00.

**Marathon, Female** Chuan Gao, San Francisco, 4:14.40. Sherri Renee Smith, San Mateo, 6:08.00

**Marathon, Male, Masters:** Eric Johnson, Reno, 3:49.59; Gordon Watson, Huntington Beach, 4:19.32; David Cass, 4:28.49; Paul Fouch, 4:53.12; Gene Weddle, San Jose, 5:18.56; Ed Merryman, San Jose, 6:15.00; Leonard Bayak, Fremont, 6:18.00.

**Marathon, Female, Masters:** Famida Hanif-Weddle, San Jose, 5:18.55; Mizanue Rahman, Cupertino, 5:36.00.

**Half Marathon, Male:** Dino Borghi, Cedarville 1:42; Deron Cutright, Santa Cruz, 1:55; Albion Baucom, Santa Cruz, 1:56; Harold Van Meer, Gold Hills, OR, 2:59.

**Half Marathon, Male, Masters:** Butch Stratton, 1:37; Dusty Miller, Mt. Shasta, 1:45; Bill Brown, Fall River Mills, 2:00; Marc Groce, Salinas, 2:08.

**Half Marathon, Female:** Michelle Hannaford, 1:27; Aimee Cutright, 1:47; Megan Williams, Santa Cruz, 1:50; Mimi Brown, Fall River Mills, 1:56; Penni Van Order, Cedarville, 1:56.

**Half Marathon, Female, Masters:** Jessie Stratton, Redding, 1:50.

**10K Male:** Brent Handa, Cassel, 38:43.10; Jeff Swanson, 39:15.56; Wendell Carlile, Anderson, 41:56.91; Paul Borchardt, San Francisco, 46:38.98; Tom Jones, Fall River Mills, 48:47.83; Irwin Merein 48:55.83; Brad Hamilton, Burney, 50:31.93; Ray Bailey, 50:54.42; Jerry Frazier, Burney, 51:21.54; Vince Wall, Burney, 59:33.68; Christopher Edmunds, Oakland, 59:49.24; Scott Frein, Cottonwood, 1:16.39.

**10K, Female:** Janet Richardson, 54:24.19; Lori Smith, 54:45.07; Leslie Burlock, 55:26.77; Leslie Trostel, Shingletown, 55:52.88; Katie Burch, 58:25.54; Stephanie Borri, 58:25.76; Magdalen, Oakland, 59:49.02; Nichole Barry, Burney, 1:07.15; Debra Frein, Cottonwood, 1:16.36; Meryl Guiles, Burney, 1:32.44; Shelly Noack, Burney, 1:32.44.

**5K Male:** Doug Hutchinson, 19:52.64; Don Davis, 21:47.72; Isaac Valdivia, Burney, 23:00.38; Garrett Boyer, Burney, 23:00.61; Ed Gann, Janesville, 23:17.75; David Van Order, Paradise, 23:36.71; Cooper Allison, Burney, 26:01.26; Jerry Douglas, 26:21.03; Michael Shoemaker, Burney, 26:29.39; Steven Trenholme, Paradise, 26:54.22; Skip Willmore, Burney, 27:15.96; Brian Logan, 28:55.04; Brady Nelson, Burney, 34:49.50; Brett Shoemaker, Burney, 31:28.36; P. Verducci, 31:36.92; Ben Burlock, 34:18.94; Buzz Burlock, 34:25.38; Billy Williams, Burney, 41:07.59; Jack Richardson, 45:40.75; John Singer, Paradise, 51:57.31; Spenser Babyak, Fremont, 1:05.01; Elliot Babyak, Fremont, 1:07.06.

**5K Female:** Tiffany Heflin, 23:18.83; Anya Van Order, Paradise, 23:24.66; Laura Davis, 24:36.08; Aneicy Sandelin, 28:13.90; Lydia McDemos, Fall River Mills, 28:58.70; Dawn Watson, Burney, 31:45.70; Pat Singer, Paradise, 34:02.86; Nancy Bartell, 35:43.58; Beverly Boles, 35:42.04; Arlene Bidwell, 35:55.40; Tracie Hinton, Burney, 36:20.58; Hoang Valdivia, 37:27.10; Vickey McGarth, Shasta Lake City, 37:39.51; Jenna Watson, Burney, 44:43.01; Emily Babyak, Fremont, 1:05.01; Kathy Babyak, Fremont, 1:07.02.



NEWS PHOTO

## In the grip of a Cardinal

Fall River junior varsity freshman Cliff Manly (52) is corralled by Big Valley freshman Jeremy Basinger (74) as Cardinal sophomore Sean Hudson (28) moves in to assist. The Bulldogs defeated Big Valley 36-7 at the Cardinal field Friday. Big Valley will host Westwood Friday with kickoff scheduled for 5:30 p.m. Fall River will travel to Burney for the second clash between the two this season. Both teams tied 8-8 at the Fair Bowl Aug. 30.



NEWS PHOTO

## Adding more yards to his total

Big Valley senior back Blake Oney (3) increased his Evergreen League leading receiving statistics Friday night to 80 yards and upped his scoring total to 40 points in the Cardinals' defeat of the Fall River Bulldogs 48-0. Oney scored on an 8-yard run in the first quarter, a 3-yard run in the third, a 21-yard run in the fourth, and kicked 2 extra points after touchdown. Big Valley had 47 carries for 380 yards compared to Fall River's rushing 22 times for 109 yards. The Cardinals also were 6 for 10 and 124 yards in the air. Senior quarterback JC Hunsaker ran for 138 yards on four carries and threw to junior Cody Leventon for a 36-yard TD pass in the second quarter. Cardinal senior Mike Blue rushed for 70 yards against the Bulldogs after rushing the previous week 166 against the Burney Raiders. Big Valley will host Westwood Friday and Fall River travels to Burney.

**FIND IT FAST IN THE WANT ADS**

By BETTY DEBNAM

In the First Amendment

# Freedom of Speech



**Madison**  
 James Madison once called free speech the "guardian" (protector) of every other right. Freedom of speech gives us the right to express ourselves and to speak out or show how we feel.

It gives us the right and the responsibility to find out what others believe.

This is important because well-informed citizens make wise decisions. **The First Amendment says, in part: "Congress shall make no law ... abridging (limiting) the freedom of speech."**

Notice that this amendment says only that Congress shall make no law. The 14th Amendment was approved in 1868 and prohibits states from making any laws limiting this freedom.

**The 14th Amendment says, in part: "... nor shall any state deprive (take away) any person of life, liberty or property, without due process of law" (the right to be treated fairly).**

In the first half of the 20th century, the U.S. Supreme Court ruled that the 14th Amendment means that no state can make laws limiting the five freedoms of the First Amendment.



Lincoln lost the election for the U.S. Senate when he ran against Stephen A. Douglas. However, the debates made him famous.



**Speaking out**

The founders of our country felt that exchanging ideas was very important. They remembered that for hundreds of years it had been a crime to speak out against the English rulers.

**Lincoln-Douglas debates**

A debate is a discussion in which people speak out for or against something.

Abraham Lincoln took part in some of the most famous debates in American history.

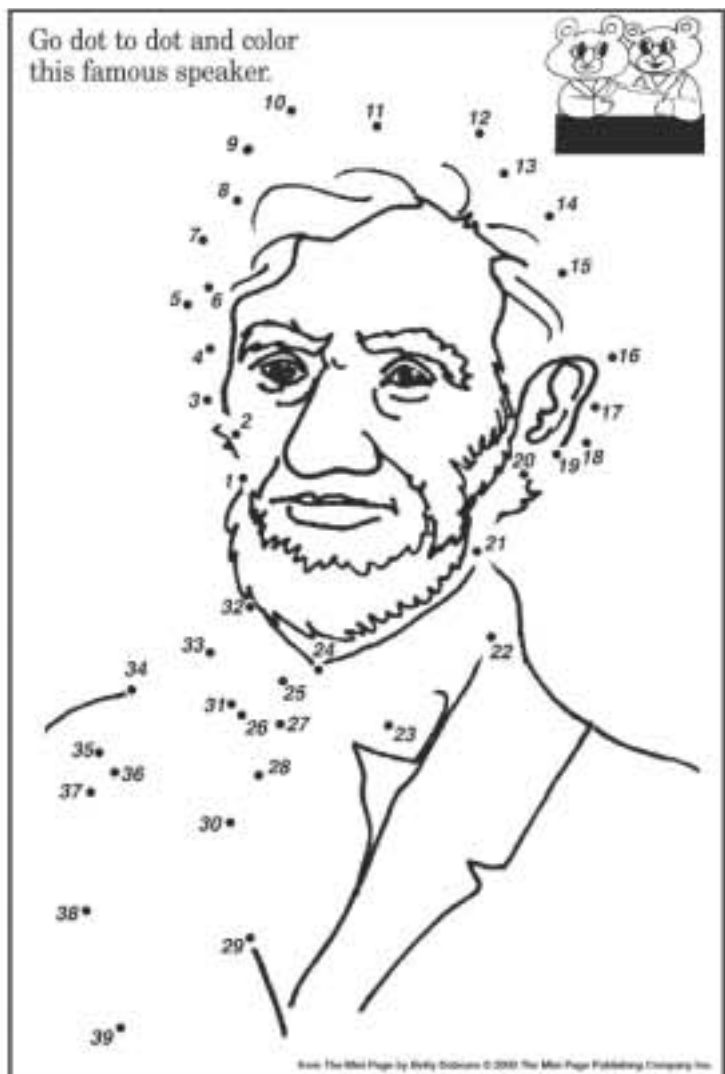
In 1858 he ran in Illinois for the U.S. Senate against Stephen A. Douglas.

Lincoln felt that slavery was wrong. He wanted the national government to pass laws prohibiting slavery in new states that joined the union.

Douglas did not like slavery either, but he was in favor of letting each new state decide for itself if it wanted slavery or not.



Through the years, candidates for president have spoken out in debates. Most recently, in 2000, George W. Bush and Al Gore debated.



Go dot to dot and color this famous speaker.

**Rookie Cookie's Recipe**  
**Easy Cottage Cheesy Pear Salad**

**You'll need:**

- lettuce leaves, washed and dried
- 1 (16-ounce) carton cottage cheese, any type
- 1 (15-ounce) can pear halves
- 1 (6-ounce) jar maraschino cherries

**What to do:**

- Place 2 washed lettuce leaves on each plate.
- Place pear half on top of lettuce.
- Place a scoop of cottage cheese on top of each pear.
- Place a maraschino cherry on top of cottage cheese.

Serves 4.

**A Kid's Guide to the White House**

**Kids! You're Invited to the White House**

**A Kid's Guide to the White House** is a terrific behind-the-scenes look at a very special house. Written with the cooperation of the White House Historical Association, the book is full of fun information, photos (some in full color) and puzzles that kids of all ages will enjoy.

To order, send \$8.95 plus \$3.25 for postage and handling for each copy. Send check or money order (U.S. funds only) payable to: **Andrew McNeil Universal, P.O. Box 6014, Leawood, KS 66206.** Please send \_\_\_\_\_ copies of *A Kid's Guide to the White House* item #2153-2 at \$12.20 each, including postage and handling. Toll free number 1-800-591-2007. [www.amauniversal.com](http://www.amauniversal.com)

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Gus Goodsport's Report**  
**Supersport: Donovan McNabb**

Height: 6-2 Birthdate: 11-25-76  
 Weight: 240 College: Chicago

On Nov. 11, 2002, Philadelphia Eagles quarterback Donovan McNabb completed 20 of 25 passes for 255 yards and four touchdowns against Arizona. And he did that playing on a broken ankle!

Tough guy, yes, and multi-talented, McNabb is a versatile, explosive quarterback who has dazzled opponents running and passing, and has helped the Eagles soar to success. For his sterling play, he has been selected to play in three Pro Bowls. Before going to the NFL in 1999, McNabb starred at Syracuse University, where he met his wife, Raquel Nurse. McNabb now serves on the Syracuse Board of Trustees.

Off the football field, McNabb can be as jolly as Santa Claus. In fact, each Christmas he dresses up in a Santa suit and delivers toys to children. Opposing teams no doubt wish the Eagles' "Santa" would hop in a sleigh and move to the North Pole!

**Meet Lindsay Lohan**

Lindsay Lohan, one of the stars of the movie "Freaky Friday," has been modeling and acting since she was 3 years old. In her new movie, Lindsay, now 17, plays a teenager who wakes up to find out a hex has caused her to switch bodies with her mother for a day.

Lindsay is the oldest child in her family. She has two brothers and one sister.

Talent scouts knew Lindsay was special from the start, and hired her to do more than 60 commercials. Later, she played Alli Fowler in the TV series "Another World." In 1997, Lindsay got the role of twins Hallie and Annie in "The Parent Trap."

Lindsay has green eyes and red hair. Her favorite color is pink. She loves Chinese food. Some hobbies include swimming, shopping and singing.

**MIGHTY FUNNY'S Mini Jokes**

All the following jokes have something in common. Can you guess the common theme or category?

**Ralph:** What do you call hamburgers made from pork?  
**Winona:** Groundhogs!

**Otis:** How do you make a hamburger do the hula?  
**Gregory:** Order it with a shake!

**Quentin:** How do monkeys cook their hamburgers?  
**Marcy:** On a go-grilla!

# Freedom of Speech

**Limits**  
 Chief Justice of the United States Oliver Wendell Holmes once warned, "Words can be weapons." Speech has to be responsible. Sometimes the limits on freedom of speech are set by common sense. Sometimes they are set by laws. Making decisions about when to limit free speech has often caused problems for the courts.

**Freedom of speech has been limited:**

- when public safety is threatened. Example: You can't yell "Fire" in a crowded theater when there isn't one. This false alarm would cause harm when people rush to the exits.
- when the national security is threatened. Example: It's illegal to give military secrets to the enemy.
- when you libel or slander a person. Libel occurs when something untrue is written and slander occurs when something untrue is spoken in public. Example: Someone sets out to ruin another person's reputation by saying or writing things that are not true.

**Symbolic speech**  
 Sometimes our conduct, or the way we act, is a form of expressing ourselves. This is called symbolic speech. Picketing is a form of symbolic speech. Picketers usually carry signs and walk back and forth in front of places. They try to influence people who pass by not to support some group or not to do business with a company. Picketing is legal as long as it is peaceful. Political yard signs, buttons and bumper stickers are also examples of symbolic freedom of speech.

**A famous Supreme Court case**  
**Tinker v. Des Moines School District**  
 In 1965, some citizens of Des Moines, Iowa, decided to protest the war in Vietnam by wearing black armbands. People sometimes wear these bands as a symbol of mourning or sadness when someone dies. School principals in the area were concerned that anti-war protests would interrupt their school day. They made a rule and announced that armbands would not be permitted in school. Mary Beth Tinker, 13, along with her older brother John, 16, and another friend, decided to wear black armbands to school anyway. When they did, they were suspended. The Tinker children's parents objected and fought the case all the way to the Supreme Court. The Supreme Court ruled that the First Amendment protects symbolic speech as well as regular speaking. Symbolic speech is legal as long as it does not interfere with school activities and as long as other students' rights are not violated.

**A few people who have spoken out**

- For civil rights:** Martin Luther King Jr. (1929-1968)
- For women's rights:** Susan B. Anthony (1820-1906)
- For the environment:** Rachel Carson (1907-1964)
- For workers' rights:** Cesar Chavez (1927-1993)

Striking nurses picket in Honolulu, Hawaii, in 2002.

**Freedom of Speech** TRY 'N FIND

Words and names that remind us of freedom of speech are hidden in the blocks below. Some words are hidden backward or diagonally. See if you can find: SYMBOLIC, TRUE, ACT, PROTEST, INFORMED, AMENDMENT, RIGHT, EXPRESS, SPEAK, RESPONSIBILITY, GORE, DEBATE, PRESIDENT, LINCOLN, DOUGLAS, IDEAS, BUSH, LIMITS, LAW.

**I MUST SPEAK OUT!**

A L T N E D I S E R P B L A W  
 M D I V T S E T O R P G U O V  
 E L O N D E M R O F N I O S L  
 N I U C C I L O B M Y S R H  
 D M T D G O V C E T A B E D  
 M I V R E L L S P E A K K V V  
 E T W D U A A N L T H G I R M  
 N S T C A E S S E X P R E S S  
 T Y T I L I B I S N O P S E R

**Mini Spy ...**

Mini Spy is giving a speech. See if you can find:

- key
- word MINI
- ice skate
- candle
- leaf
- baseball
- letter C
- number 3
- letter H
- lady's shoe
- toothbrush
- heart
- brush
- letter T
- ant
- football
- ruler
- lima bean



# THE WANT ADS

CALL (530) 335-4533 • (530) 275-1716 • (530) 549-3304 CHARGE IT TO YOUR DISCOVER CARD, VISA, MASTERCARD or AMERICAN EXPRESS

## PUBLIC NOTICES

### 10 NOTICES

**FICTITIOUS BUSINESS NAME STATEMENT**  
 File No. 2003-0001161  
 August 5, 2003

The following persons are doing business as:

**SPECTRUM BENEFITS ADMINISTRATION**  
 3261 Bechelli Ln  
 Redding, CA 96002  
 Gynes, George  
 3261 Bechelli Ln  
 Redding, CA 96002

This business is conducted by an individual. The Registrant has begun to transact business under the fictitious business name listed above on May 30, 1990.

(s) George Gynes

Notice: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (See Sections 14411 ET SEQ., Business and Professions Code.)

Published September 17, 24, October 1, 8, 2003

---

**NOTICE OF TRUSTEE'S SALE** Trustee Sale No. 03-02081 Loan No. 9830235328  
 File Order No. 1800422 APRN 007-990-77 FHA # 043-6840703 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 11/18/00. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On September 30, 2003, at 11:00 AM, ARM FINANCIAL CORPORATION as the duly appointed Trustee under and pursuant to Deed of Trust recorded on 12/06/02 in the Financial Code and authorized to do business in this state. AT THE EAST ENTRANCE TO THE COUNTY COURTHOUSE AT 1500 COURT STREET, REDDING, CA. all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California as shown on the map of Boomtown, Filed in the Office of the County Recorder, January 8, 1938, in Book 5 of Maps at Page 14, Shasta County Records. The property heretofore described is being sold "as is". The street address and other common designation, if any of the real property described above is purported to be: 1714 OREGON STREET, SHASTA LAKE, CA 96019. The undersigned Trustee disclaims any liability for any inaccuracy of the street address and other common designation, if any, shown herein. Said



## PLACE YOUR AD BY 4 P.M. FRIDAY

**NAME STATEMENT**  
 File No. 2003-0001226  
 August 20, 2003

The following persons are doing business as:

**DOGS GONE CHARMING LOTZ OF CHARM**  
 4648 Trinity St.  
 Shasta Lake, CA 96019

Holtzclaw, Robert Todd  
 4648 Trinity St.  
 Shasta Lake, CA 96019

Holtzclaw, Sheri Lynn  
 4648 Trinity St.  
 Shasta Lake, CA 96019

This business is conducted by Husband and Wife. The Registrant has begun to transact business under the fictitious business name listed above on August 20, 2003.

(s) Sheri Lynn Holtzclaw

Notice: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (See Sections 14411 ET SEQ., Business and Professions Code.)

Published August 27, September 3, 10, 17, 2003

---

**FICTITIOUS BUSINESS NAME STATEMENT**  
 File No. 2003-0001158  
 August 4, 2003

The following persons are doing business as:

**POTTERS SHED LANDSCAPING**  
 1967 Hilltop Dr.  
 Redding, CA 96002

Kilen, Kathleen W.  
 1967 Hilltop Dr.  
 Redding, CA 96002

This business is conducted by an individual. The Registrant has begun to transact business under the fictitious business name listed above on June 1, 2003.

(s) Kathleen W. Kilen

Notice: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed prior to that date. The filing of this statement

does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (See Sections 14411 ET SEQ., Business and Professions Code.)

Published August 27, September 3, 10, 17, 2003

---

**Buy & Sell Festival**  
 Historic Pittville Store  
 Friday, Oct 3 & Saturday Oct. 4  
 Space available  
 \$5 for 10x10  
 Call Helen or Mr. T  
 336-6656

---

**21 PETS**  
 AKC Mini Doxies. Shots, wormed, Dew Claws removed. Nice! 8 wks. old. \$250-\$350, 530-279-2133 (039-17)

---

**24 PLANTS/ GARDENING**

I Larry Ross is not responsible for any Debt acquired by Taunya Ross as of September 3, 2003 (039-24)

**BURNEY- Veteran's Hall** for rent, for private and public events. Days & nights, reasonable rates. Full kitchen. Catering available. Largest, best equipped hall in Intermountain area. Receptions, reunions, banquets, meetings, sales events, etc. Call Ron or Teresa Harshman at 335-4806 or call the Club at 335-4971 after 4 p.m. (039tc)

**NEC VERSA 2000C**  
 486 laptop computer, 24MB RAM, 500MB hard drive, Windows 98, \$225. 335-4533. (9-24)

**FOR SALE: 1 John Deere 314 riding tractor/mower.** Can be seen at Burney Cemetery, 37383 Mt. View Rd., between 10am and 3pm. Minimum bid accepted \$250. (039-17)

**Back to School Special**  
 2'x4' pine computer desks, were \$109.99 Now \$79.99. Quantity limited. Call 335-2000. (9-17)

**Satellite: 12 foot Paracclipse cog drive.** DX-800 stereo digital receiver with sub-band. \$850. 335-3634 (039tc)

**Gun Cabinet, locking, holds 8 guns & ammo, \$60, 335-4902 (039-17)**

**FREE-critique our web site and get a free sample!**  
 smalltownprints.com (039-17)

**Trek 24" Mountain Bike \$100.** BMX Racing helmet \$35. All items like new. 335-2018 (039-17)

**Airtight Wood Stove** includes all the pipes, \$200, 335-4854. (039-17)

**34 FUEL & FIREWOOD**  
 Large dead Sugarpine Tree, already cut down, 60' long, 4' diameter base. Useful for firewood only. You cut You haul. Lot's of good wood. Make offer. Best offer by 9-17. Call 530-674-2505 (039-24)

**37 FINANCIAL SERVICES**

\$\$\$CASH\$\$\$ Cash now for structured settlements, annuities and insurance payouts. (800)794-7310. J.G. Wentworth... J.G. Wentworth means cash now for structured settlements. (CAL\*SCAN)

**IMMEDIATE CASH!!! US Pension Funding** pays cash now for 8 years of your future pension payments. Call 800-586-1325 for a FREE, no-obligation estimate. www.uspensi.onfunding.com. (CAL\*SCAN)

**NEED MONEY? Self employed or Poor Credit? Purchase/ Refinance.** No Appraisal fee/ upfront cost. Free credit report. Approved in 1 Hour. 714-997-9871. (CAL\*SCAN)

**41 HELP WANTED**

**FISCAL OFFICER:** Full time position for rural health clinic. Knowledgeable of PL 93-638 regulations, computer accounting programs. Minimum of BA in accounting or related field and be bondable. The Fiscal Officer is responsible for the financial stability and accountability of all program activities, to develop, implement and maintain the Fiscal Policies and Procedures, to maintain internal fiscal controls with professional accounting standards, to maintain accurate financial records, to ensure compliance of reporting requirements, to assist with the preparation and revision of budgets, to coordinate audits, to supervise, monitor and evaluate the duties, responsibilities and performance of the Fiscal Department staff. Native American Preference will be following in accordance with PL 93-638. Closing Date: OPEN UNTIL FILLED. (0310-8)

**RN/CLINIC MANAGER:** Full time position for rural health clinic. Provide for the assessment, planning, implementation and evaluation of nursing care to patients, assist in development and maintenance of standards of care. Provide direct nursing care when needed. Current licensure by CA State Board of Nursing as a Registered Nurse. Minimum of five (5) years experience as an RN, including two (2) years of ambulatory outpatient experience and one (1) year of supervisory experience. Closing Date: OPEN UNTIL FILLED. (0310-8)

**Native American Preference** will be following in accordance with PL 93-638. To be considered preference eligible you must submit with your application for employment a BIA certification of Indian heritage or your Tribal certification card/form. Submit application to: Pit River Health Service, Personnel Office, 36977 Park Avenue, Burney, CA 96013, 530-335-5090 (0310-8). JOB POSTING IMMEDIATE OPENINGS

## PROFILE CROSSWORD PUZZLE

ANSWERS ON SECOND TO LAST PAGE

**Fair Game**

1	2	3	4	5	6	7	8	9	10	11	12	13	
14					15					16			
17					18					19			
20									21				
22										23			
24	25								26				
27													
28						29	30			31	32		
33					34	35				36	37		
38												39	
40								41					
42											42		
43											43		
44													
46												49	
50	51					52	53			54	55	56	
57													
58										59			
60													
61					61					62			
63											63	64	65
66													
67											67		
68													
69													
70													
71													

American Profile Hometown Content 030914 © Nicknamers Brand, Inc.

ACROSS	31. Plunderer's take	32. Lost consciousness	37. Make __ of (bungle)	40. Wed on the run	41. Motorists' org.	42. Go __ for (support)	43. __ flask (inspiration for the Thermos)	44. Lying face down	46. Bow-toting god	48. "It" ("Who's there?" response)	49. Risk a perjury rap	50. Steam room sites													
DOWN	1. Radio hobbyist	2. Mentalist	3. Sparks or Buntline	52. __-locks, Fla.	54. Followed	57. Gridiron pitchout	59. Bring in Emil	60. Work the aisles, informally	61. Fair place for rides?	66. USPS itinerary	67. MGM part	68. Like most Turks	69. According to	70. Button word	71. Printer's proof										
	4. Lake Titicaca's range	5. German Expressionist	6. Radius neighbor	7. Start to collapse	8. Fighting it out	9. Mel Ott's team	10. Irish New Ager	11. Fair baseball ump's call?	12. Corday's victim	13. Olympics symbol	18. How losses are shown	22. Compelling charm	23. Stared stupidly	24. Allan-__ (Robin Hood cohort)	25. Fair meteorologist's report?	26. Homes for fish	30. Motel freebie	32. Steam engine pioneer James	34. Not plentiful	35. Architect Saarinen	36. New Mexico art colony	38. Abstract composer Erik	39. Warrior's mount	45. Raga instrument	
	47. Super __ (huge squirt gun)	50. Drink noisily	51. Command after "cut" or "copy"	53. Yogi was behind it	55. Loud, like a crowd	56. John sign	58. Easy win	59. Frequent topics	62. Jr. and sr.	63. Just beat	64. __es Salaam, Tanzania	65. __-Cat (winter vehicle)													

**B-B-B HARDWOOD FLOORS**  
 Tearouts, Repairs, Lays, Sand & Refinish  
**FREE ESTIMATE**  
 No Travel Charge  
 1-530-335-4842  
 Or  
 1-530-945-8811  
 Bryan Small

A statewide display ad in 118 participating newspapers; 1.5 million+ California households. Cost \$1,350 for 4"x2.5" ad. FREE information Call AFTER FIVE MAGAZINE (800) 637-3540. (CAL\*SCAN)

**5 MILLION+ CALIFORNIANS** see Cal-SCAN ads in 200 newspapers statewide! 25-words \$450/statewide; \$300 Northern or Southern California. Free information FREE information Call AFTER FIVE MAGAZINE (800) 637-3540. (CAL\*SCAN)

**CASSEL AA Alcoholics Anonymous.** Support and understanding, someone to talk to. Transportation to meetings available. Please call 336-5431 or 335-2611, 335-4142, 335-7064 (039tc)

**31 PERSONALS**  
**MUSIC LESSONS**  
 piano, violin, cello, Burney-Montgomery Creek, Jon Narducci 337-6758. (039-17)

**DISCOVER Waterless Cookware- We Stopped doing dinner parties!** Have some beautiful, 17-piece, 7-ply surgical stainless steel sets left! Lifetime Warranty! Were \$2000, now \$695! First 7 callers buy set for \$368! vapoeseal.com 1-800-434-4628 (0310-01)

**Couch-beautiful tapestry fabric, oak trim** across top w/oak legs \$250. 6-piece Bedroom set, Pecan color, French Provincial style with mattress and box springs. Full size \$450, computer desk-66" long, grey/black \$50. 335-2746 (0310-01)

**60" Toshiba TV \$1,200.** Refrigerator Frost Free \$175, 335-5766 eve. 335-3502 days (039-24)

**Cooler 4-door display,** perfect for flowers, cakes or food, \$1,500 or OBO, 336-5093 (039-24)





# Motivate to exercise

By Charles Stuart Platkin

I exercise every single morning, without fail. I'm not even sure how I keep doing it each day, but it's part of my morning routine, just like you brush your teeth, shower, and go to work.

With recommendations these days advising 30- to 60-minutes of exercise every day, I'm often asked, "How can I stay motivated?"

I don't think it's an easy answer.

"Physical activity takes more time and effort than any other health-related behavior, and many people will continue to choose pleasurable leisure pastimes that are sedentary," says Rod Dishman, Ph.D., a professor of exercise science at the University of Georgia.

Most experts say the key is to make exercise "intrinsic" or internally motivated.

"To really keep an exercise program going, it needs to be something you're doing because you value the actual activity. You appreciate the exercise for the sake of exercising," says Richard M. Ryan, Ph.D., a professor of psychology at the University of Rochester.

The bottom line: Exercising doesn't have to be a horrible experience, and with more than 50 percent of people dropping out of their newfound exercise programs after only a few months, it's time to come up with a new routine.

**Enjoy It:** Focus on the enjoyment, feelings of competence and social interaction that come from the experience.



A study in the International Journal of Sports Psychology showed that a group who participated in aerobic exercise to improve their physical appearance didn't stick with it nearly as long as a group who did martial arts because they enjoyed it.

And if you can't find something that you love right away, "at the very least, find something you don't hate. It's important to find as many redeeming qualities as possible for any of the exercises that you choose," says Bess H. Marcus, Ph.D., a professor at Brown Medical School Centers for Behavioral and Preventive Medicine.

**Experiment And Match:** Try a variety of exercises. If you don't like to walk, how about biking, dancing, hiking, or golf? Try listening to music or watching TV while you're working out to spice things up.

"Most of us have tried exercises and probably became fatigued, disgusted and just didn't like them. You need to set the bar a bit lower. There is an exercise for everyone, you just have to find the one that you love," says Dr. Ryan.

**Avoid Rewards:** I know it sounds strange, but researchers at the University of Rochester discovered some very convincing evidence that you should not give yourself rewards for exercising.

"Giving yourself or receiving rewards takes your eye off the ball. It gives you the wrong focus. Believe me, most rewards are not potent enough to get you on the treadmill at six o'clock every single morning for the rest of your life," says Dr. Ryan.

If you really need rewards to get you moving, "try to use them only in the beginning stages, until it becomes a habit. Remember that if you reach your goal, don't use rewards that go against your goal (e.g., an ice cream sundae). Perhaps a massage would be a better choice," adds Dr. Marcus.

**Go Slow:** When people tell me that they want to start exercising, they often have grandiose ideas of getting up every morning, going to the gym and then running five miles. Start off slowly if you've never exercised before. Even two or three times per week is better than nothing.

"In the initial stages, you really need to cut yourself a 'bit of slack,' meaning if you miss a day or so, don't give up completely," says Dr. Marcus.

**Excuse Busting:** We have great excuses why we can't exercise, ranging from time constraints, lack of money, lack of energy, no place to "do it," bad weather, and physical discomfort.

Here's what you need to do: brainstorm and write

down all the reasons you can think of for not working toward your fitness goals. Remember to include your self-doubts, fears, and insecurities - these are excuses too! Be honest. Next, punch holes in your excuses until they are no longer airtight. Do this by coming up with counterarguments for every single excuse that you may have for not exercising. This is called Excuse Busting.

**Make It Social:** There is a plethora of research demonstrating that working out with a group on a regular basis increases your likelihood of sticking with your routine. One study found that married couples who worked out together had a significantly higher attendance and lower dropout rate than married people who worked out alone.

Find a regular fitness class to attend that you know you'll enjoy. Organize a group of friends, co-workers, or neighbors to participate in some regular fitness activity. Get yourself a workout buddy. Not only will you increase your fitness level and improve your appearance, but you'll reduce stress and increase the effectiveness of your immune system (social groups do that). And you will probably have a good time as well.

**Create A Plan And Have A Goal:** Don't just decide that "starting next week" you're going to jog every day, especially if you don't like jogging. Investigate your options, write them down, and make the decision as if it's something that is important to you. Come up with a plan for exercise that will keep you

excited for longer than 24 hours.

"Keep in mind that one of the most important things is to remain flexible with everything, including your exercise, your time, and yourself," says Dr. Marcus.

**Visualize Your Future:**

If you can see yourself in a positive situation in the future, it will keep you focused on your exercise path. Create a "life preserver," that is, an imagined future event in which you have achieved your fitness goal.

For example, think of

the excitement you will have after completing your first four-hour hike or finishing a marathon.

Charles Stuart Platkin is a syndicated health, nutrition, and fitness columnist, author of the best-selling book, *Breaking the Pattern* (Red Mill Press, 2002), and founder of *Nutricise.com*. Copyright 2003 by Charles Stuart Platkin. This column is made possible by a grant from the Institute for Nutrition & Behavioral Sciences. Write to [info@thedietdetective.com](mailto:info@thedietdetective.com)

## FIND IT FAST IN THE WANT ADS



It's a feeling you can't deny. A desire to serve your country and community. The Army National Guard is about heartfelt values: selfless-service, duty, honor and country. For over 365 years the Army National Guard has always answered the call—in war and in peace. Most Guard members serve one weekend a month and two weeks a year. Join our team. And become part of something greater than yourself. In the Army National Guard, YOU CAN!

1-800-GO-GUARD • [www.1-800-GO-GUARD.com](http://www.1-800-GO-GUARD.com)

## Homeowners with money worries may qualify for low-interest loans

**LOANS:** Direct lender loosens its requirements for homeowners who need money now.

Have you been turned down for a loan? Do you need more than \$10,000 for any reason? Are you paying more than 10% interest on any other loans or credit cards?

If you are a homeowner and answered 'yes' to any of these questions, they can tell you over the phone and *without obligation* if you qualify.

High credit card debt? Less-than-

perfect credit? Self-employed? Late house payments? Financial problems? Medical bills? IRS liens? *It doesn't matter!*

If you are a homeowner with sufficient equity, there's an excellent chance you will qualify for a loan—usually within 24 hours.

You can find out over the phone—and free of charge—if you qualify. Honey Mae, Inc. Mortgage is licensed by the CA Department of Corp. Open 7 days a week for your convenience.

1-800-700-1242, ext. 305

Call today, Save up to 80% on ...

## PRESCRIPTION DRUGS

Now, a reliable Canadian company sends your prescriptions directly to you. It's easy and can save you money. Call today for complete information.

TYPICAL MONEY SAVING PRICES		
Synthroid 0.1mg	100 tabs	\$15.78 (US)
Celebrex 100mg	100 caps	\$67.73 (US)
Zocor 20mg	90 tabs	\$193.80 (US)
Prevacid 30mg	90 caps	\$176.73 (US)
Piloseb 20mg	84 tabs	\$181.23 (US)

30 Franklin Street • Belleville, Ontario K2N 1A1, Canada • Fax: 1-613-966-6146 • E-mail: [rx@canpd.com](mailto:rx@canpd.com)

For other medications visit [www.canpd.com](http://www.canpd.com) or call 1-877-966-0567

## ARIES

March 21/April 20

It could be a tough start to the week, Aries. Take your time, find ways to work around the problem and be patient.

## TAURUS

April 21/May 21

You are sure to be day-dreaming about something you would like to see happen over the coming few days. Keep your feet on the ground even though your head is in the clouds.

## GEMINI

May 22/June 21

The time has come to accept that certain friendships must be brought to an end. Don't feel guilty about letting go: the fact is, you have emotionally and mentally moved on.

## CANCER

June 22/July 22

The most important thing today is that you respond positively to whatever happens, be it good, bad or indifferent. Don't worry, it will work to your advantage in the end.

## LEO

July 23/August 23

On the outside, you appear calm and confident, but your emotions are raging. You have to get over this. Life is full of disappointments -- it is how you handle them that matters.

## VIRGO

Aug 24/Sept 22

Don't let anyone try to change the way you look at the world today. You're the only one who truly knows what's right for you. Follow your heart and your dreams.

## LIBRA

Sept 23/Oct 23

There is nothing wrong with ambition, and this time of year brings out the aspiring

# HOROSCOPES

September 21-27

side of your nature. Your first task is to remind yourself why success is so important to you.

## SCORPIO

Oct 24/Nov 22

Just because something is accepted wisdom does not mean you have to follow it slavishly like everyone else. You have something much better than knowledge: common sense.

## SAGITTARIUS

Nov 23/Dec 21

There are things that need to be said, things that need to be discussed and things that need to be changed. It's time to tackle these challenges once and for all.

## CAPRICORN

Dec 22/Jan 20

What starts out as a minor disagreement could develop into an all-out battle. Focus on the important things today

-- meaning the things that are important to you.

## AQUARIUS

Jan 21/Feb 18

You seem to believe you can pull the wool over everyone's eyes, regardless of facts that tell a very different story. Be big enough to admit you made a mistake.

## PISCES

Feb 19/March 20

You have to realize that you are not responsible for the highs and lows of other people's existence. Happiness begins at home -- with yourself.

## FAMOUS BIRTHDAYS

SEPTEMBER 21

Bill Murray, Comedian/Actor

SEPTEMBER 22

Andrea Bocelli, Singer

SEPTEMBER 23

John Coltrane, Musician

SEPTEMBER 24

F. Scott Fitzgerald, Author

SEPTEMBER 25

Michael Madsen, Author

SEPTEMBER 26

Linda Hamilton, Actress

SEPTEMBER 27

Meat Loaf, Singer/Actor

## HELP, Inc. NEED TO TALK? 24-HOUR

Confidential

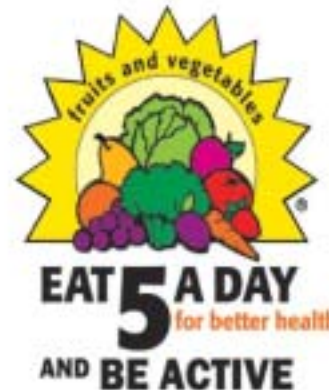
### Crisis Counseling Suicide Prevention Information & Referral Volunteer Resource Center

A United Way Agency

1-800-821-5252

Celebrate National  
5 A Day Week!  
September 21<sup>st</sup>-27<sup>th</sup>

Eat 5 Servings of Fruits & Vegetables



Be Physically Active Everyday!

Call 245-6859 for a free cookbook or walking brochure.

Brought to you by:

Shasta County Public Health and Shasta CAN (Coalition for Activity & Nutrition)

A message from the CA Dept. of Health Services. This material was developed with funding from the National Food Stamp Program, USDA. This institution is an equal opportunity employer.